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More about Push



CARE
MED
ORTHO

CARE/MED/ORTHO



15:45^{hrs}
Getting
back your
active life



PUSH
FOR
FREEDOM

10:15^{hrs}
Getting
back your
active life

CARE/MED/ORTHO

06 > ANKLE



10 > THUMB



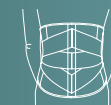
13 > WRIST



14 > KNEE



18 > BACK



20 > NECK



22 > ELBOW



24 > SHOULDER



PUSH FOR FREEDOM

JOINT COMPLAINTS SHOULD NEVER STOP YOU FROM MOVING, which is great news for anyone who wants to do more of what they love to do. With Push, you get more freedom, and more of your active life.

PUSH FOR FREEDOM is synonymous with moving freely, just like people want to move. And that is a lot easier than you might think. It's merely a matter of choosing the right medical aid. A good brace helps. By wearing a brace, you can increase the loading capacity of your joints, which in turn will increase their mobility. As well as their freedom of movement. You will rediscover your capabilities and forget your limitations. A pleasure for anyone who lives life to the full and wants to see more of the world.

THREE PROFILES

Freedom of movement is challenge faced daily by Push. What moves us? Call it the Push for freedom! And we really push it. We are constantly pushing boundaries in order to increase the ability of the locomotor apparatus to function under stress. Together with medical professionals and scientists, we are developing solutions, which will contribute to the quality of life. Of course, each brace undergoes extensive testing.

In our opinion, **freedom of movement** starts with comfort and ease. This means that users can depend

on a brace, which they can put on easily, fits like a glove and guarantees maximum support. New materials ensure effectiveness and durability. Acting as an extension to the body, a brace allows physical activity to be a pleasure once more.

Appearance is just as important, so Push has also paid particular attention to the design of the brace. With its attractive design, **freedom of movement** is there to be seen as an extra incentive to greater mobility and an active life.



PUSH CAN BE USED FOR A WIDE RANGE OF DIFFERENT INDICATIONS. WE HAVE AN ATTRACTIVE RANGE CLASSIFIED UNDER CARE, MED AND ORTHO.

CARE

functional retention

FUNCTIONAL RETENTION

Push care is intended for those whose everyday freedom of movement is restricted due to a slight injury or disorder. Each product has a high degree of effectiveness, comfort and quality. Push care guarantees pain relief and improves the sense of stability by adjusting compression. It is easy to use.

MED

function recovery

FUNCTION RECOVERY

Push med guarantees solutions for the treatment and prevention of injuries on the locomotor apparatus. Push med relieves possible pain, thus allowing an increase to the physical ability of the joint to function under stress. Mechanical support, adjustable compression and a good fit combine to ensure this.

ORTHO

function compensation

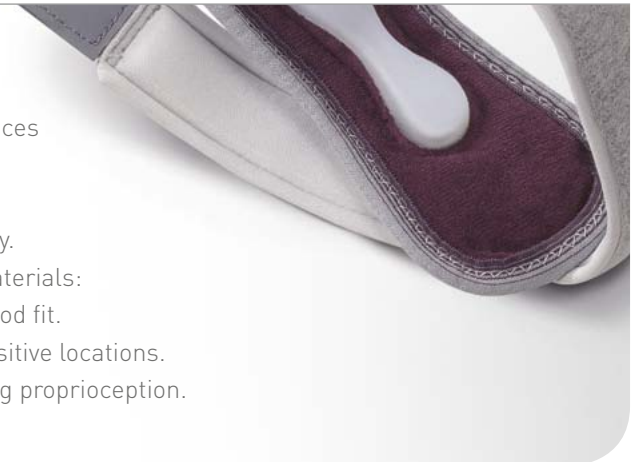
FUNCTION COMPENSATION

Push ortho is used for complaints or reduced function of the locomotor apparatus. Adequate mechanical support is key. Push ortho can play an important role in cases of repositioning and stabilisation thus compensating for loss of normal function.

SYMPRESS™

Sympress™ stands for **Sympathetic Compression**. The lining that is so typical to Push braces is a micro-fibre with many beneficial properties:

- Firstly, its soft touch is unrivalled, giving the user a comfortable, protected feeling.
- Secondly, the excellent moisture wicking properties of this micro-fibre keep the skin dry.
- Thirdly, its elasticity and minimal thickness make it an ideal combination with other materials:
 - Sympress™ with Lycra guarantees an evenly distributed compression as well as a good fit.
 - Sympress™ used in combination with foams creates so-called comfort zones on sensitive locations.
 - Sympress™ with silicone inlays ensures good adhesion to the skin whilst encouraging proprioception.



CARE

Ankle Brace

> indications

- > Minor distortions
- > Slight capsule irritations
- > Slight ankle instability (under light stress)
- > Arthrosis without instability

Execution: left and right



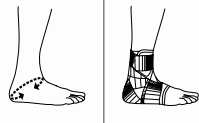
SIZE	CIRCUMFERENCE
1	26 - 29
2	29 - 32
3	32 - 35
4	35 - 38
5	38 - 41



The Push care Ankle Brace provides pressure around the ankle joint, thus improving its stability. This compression can be adjusted as and when required. The ankle brace fits perfectly and can be worn in practically any shoe. So-called comfort zones made from padded material surround the vulnerable areas of the ankle.

Execution: left and right

SIZE	CIRCUMFERENCE
1	26 - 29
2	29 - 32
3	32 - 35
4	35 - 38
5	38 - 41



integrated
heel-lock wrap



The Push med Ankle Brace provides the ankle joint with support and can be used as long-term support for a wide range of indications and uses. The brace is based on the principle of how taping works. The degree of compression and pronation/supination limits is adjustable. An application of silicone on the inside of the brace ensures that the brace stays in the correct position. There are comfort zones around vulnerable parts of the ankle. The brace is comfortable and easy to wear.

MED

Ankle Brace

> indications

including:

- > Moderate (residual) instability
- > Treatment of acute lateral ankle ligament lesions (alternative to taping)
- > Treatment of stable ankle fractures (Weber type A)
- > After-care to ankle fractures (incl. Jones fracture)
- > Post-operative treatment of ligament injuries and fractures
- > Secondary prevention of ankle ligament lesion (under moderate strain with accumulation of fluid)



MED

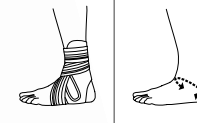
Ankle Brace

Aequi Flex

> indications

- > Treatment of acute lateral ankle ligament lesions
- > After-care for conservative or operated ankle fractures
- > Serious (residual) instability
- > Arthrosis with instability
- > Secondary prevention of ankle ligament injury

Execution: left and right



SIZE	CIRCUMFERENCE
1	27 - 31
2	31 - 34
3	34 - 40



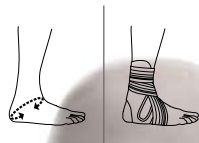
*strong support and
maximum comfort*



The Push med Aequi Flex provides stability to the ankle joint, during the functional treatment of (sub-)acute ankle injuries. Covering the injured area with padding and adjustable compressive straps, the patient can recover safely and comfortably. A medial stay holds a flexible adjustable strap which controls adverse movements. A secure and comfortable brace for functional treatment and prevention in after-treatment.

Execution: left and right

SIZE	CIRCUMFERENCE
1	27 - 31
2	31 - 34
3	34 - 40



ORTHO

Ankle orthosis Aequi

> indications

- > Serious (residual) instability (under heavy strain)
- > Treatment of acute lateral ankle ligament lesions
- > After-care for conservative or operated ankle fractures
- > Arthrosis with instability without accumulation of fluid
- > Secondary prevention of ankle ligament lesion (under heavy strain without accumulation of fluid)

The Push ortho Ankle orthosis Aequi is an effective ankle orthosis, which strikes a balance between strong mechanical support of an unstable ankle and maximum comfort. The medial rigid support acts as an anchor for an effective and integrated strap system. The lateral side is made from a flexible material, which adapts easily to the anatomy of the ankle. The inversion/eversion movement of the Push Aequi is restricted without hindering plantar/dorsal flexion. There is maximum stability when the orthosis is worn inside a (laced) shoe.



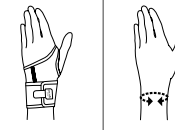
CARE

Wrist Brace

> indications

- > Support for sprained wrists
- > Minor residual instability
- > Minor distortions
- > Slight strain complaints in the wrist joint
- > Slight strain complaints in the wrist extensors
- > Arthrosis of the wrist and carpus
- > Minor rheumatic complaints

Execution: left and right



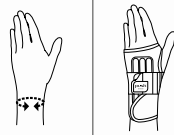
SIZE	CIRCUMFERENCE
1	13 - 15
2	15 - 17
3	17 - 19
4	19 - 21



The Push care Wrist Brace provides compression around the wrist joint, thus improving its stability. This compression can be adjusted as and when required. The wrist joint is not immobilised thus allowing sufficient freedom of movement to retain functionality of the hand. The palm of the hand is kept free thus maintaining good grip. A so-called comfort zone made from padded material surrounds the ulnar area of the wrist.

Execution: left and right

SIZE	CIRCUMFERENCE
1	13 - 15
2	15 - 17
3	17 - 19
4	19 - 21



The Push med Wrist Brace offers a high measure of support and protection to the wrist joint without restricting the functionality of the hand. The anatomically shaped stiffeners limit palmary and dorsal flexion without obstructing it completely. The level of compression can be optimised with an elastic strap, which is easy to adjust. The brace can easily be fitted around the wrist with one hand. So-called comfort zones made from padded material surround the vulnerable areas of the wrist.

MED

Wrist Brace

> indications

- > Residual instability
- > Moderate to serious distortions
- > Strain complaints in the wrist joint
- > Therapy resistant strain complaints to the wrist extensors
- > Tendinitis to the wrist extensors
- > Wrist fractures without dislocations
- > After-care for wrist fractures
- > Arthrosis with distension
- > RSI



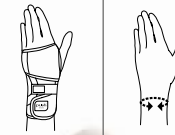
MED

Wrist Brace Splint

> indications

- > Therapy resistant strain complaints of the wrist extensors
- > Moderate to serious rheumatoid complaints
- > Carpal tunnel syndrome
- > RSI

Execution: left and right



SIZE	CIRCUMFERENCE
1	13 - 15
2	15 - 17
3	17 - 19
4	19 - 21



The Push med Wrist Brace Splint allows the wrist joint to rest without restricting the functionality of the hand. The brace is easy to attach around the forearm, the wrist joint and hand with one hand. A circular non-elastic strap ensures that the post-forming splint closely follows the anatomy of the wrist joint. Consequently, palmary flexion is limited and the hand is supported in a functional position.

Execution: left and right

SIZE	CIRCUMFERENCE
1	16 - 19,5
2	19,5 - 22,5
3	22,5 - 26



*minimal intervention,
maximal stability*

The Push Thumb Brace CMC-I is a brace used for osteoarthritis in the thumb meta-carpal joint (CMC) and is the result of a new concept. The brace stabilises the CMC and positions the thumb in a functional position whereby a 'thumb arc' occurs. When using the hand, it remains stable and allows a good grip function. The surrounding joints including the wrist joint remain free and are not limited in their movement. The aim is maximum hand functionality.

ORTHO

Thumb Brace CMC

> indications

- > Osteoarthritis of the CMC-joint
- > Post-operative after-care of the CMC-I joint
- > Status after arthroplasty of the CMC-I joint
- > Instability of the CMC-I joint

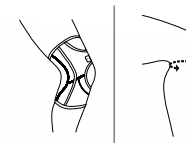


CARE

Knee Brace

> indications

- > Capsular inflammation
- > Meniscus complaints
- > After a meniscus operation
- > Arthrosis without swelling
- > Rheumatoid arthritis
- > Patellofemoral pain syndrome
- > Functional instability without ligament instability

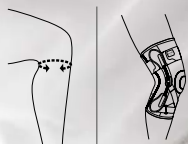


SIZE	CIRCUMFERENCE
1	28 - 31
2	31 - 34
3	34 - 37
4	37 - 41
5	41 - 45



The Push care Knee Brace provides pressure around the knee joint, thus improving its stability. The level of pressure around the knee and thigh can be adjusted as and when required. A pad applies pressure to the patellar tendon and supports the patella. The anatomical fit ensures that the brace remains in position when walking.

SIZE	CIRCUMFERENCE
1	28 - 31
2	31 - 34
3	34 - 37
4	37 - 41
5	41 - 45



The Push med Knee Brace provides substantial medio-lateral support to the knee joint. The knee is supported by two leaf spring hinges, which uniquely follow the natural rotation movement of the knee. Flexion and extension of the knee remains unhindered. The anatomical fit and silicon application ensure that the brace remains in position when walking. The brace can be worn unnoticeably under clothes due to its slim-line fit.

MED

Knee Brace

> indications

- > Arthrosis with hydrops
- > Rheumatoid arthritis
- > Functional instability after ligament damage
- > Residual instability after ligament damage
- > Delay after-care treatment of knee ligament surgery

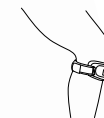


MED

Patella Brace

> indications

- > Patellofemoral pain syndrome
- > Tendinitis of the patella tendon
- > Apexitis patellae (jumper's knee)
- > Osgood Schlatter disease
- > Subluxation/proximal hypermobility of the tibiofibular joint



One size



The Push med Patella Brace applies localised pressure to the patellar tendon and supports the patella. This relieves the insertion of the thigh muscle and reduces the tractive force on the lower leg thus reducing pain. The pad consists of a skin-compatible and elastic polymer. The anatomical fit and the pad material ensure the brace remains in position when walking.



STYLE MEETS MOBILITY

At Push, function and design go hand in hand. Effectiveness and attractiveness are key to our team of designers. Dutch design is not only attractive, but also guarantees the right support. This is great news for anyone wanting to resume the activities they are dreaming about, but were unable to do.

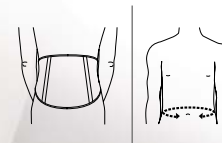
PUSH FOR FREEDOM.

CARE

Back Brace

> indications

- > Chronic non-specific lower back complaints
- > For back-straining activities (secondary prevention)
- > Pseudoradicular complaints (sciatica)

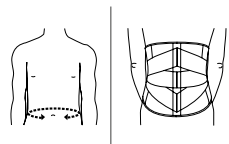


SIZE	CIRCUMFERENCE
1	65 - 75
2	75 - 85
3	85 - 97
4	97 - 110
5	110 - 125
6	125 - 145



The Push care Back Brace reduces pain in the lower back area by distributing even pressure. A moveable, comfortable pad with four pressure points, which is located on the lower back area, ensures a pleasant pressure sensation. The brace is comfortable to wear while either standing or sitting due to its design and choice of materials. The anatomical fit guarantees that it stays in place. The brace has a good body fit, is light and can be worn not noticeable under clothes.

SIZE	CIRCUMFERENCE
1	65 - 75
2	75 - 85
3	85 - 97
4	97 - 110
5	110 - 125
6	125 - 145



MED

Back Brace

> indications

- > Spondylolisthesis
- > Spondylolysis
- > Degenerative complaints to the lumbar vertebral column
- > Discopathy
- > Osteoporotic lumbar impression fracture
- > Post-operative treatment

The Push med Back Brace improves the position of the lumbar vertebral column and thus pain. Pressure is provided by the tightened elastic straps, which increase the support provided by the metal reinforcers. The reinforcers can be adjusted individually. The brace is comfortable to wear while either standing or sitting due to its design and choice of materials. The brace has a good body fit and can be worn not noticeable under clothes.



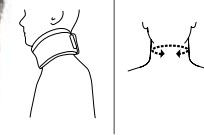
CARE

Neck Brace

> indications

- > After-care to whiplash
- > Acute neck injuries
- > Minor cervical arthrosis

Execution: 8 cm and 10 cm height



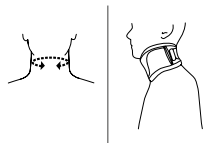
SIZE	CIRCUMFERENCE
1	27 - 36
2	36 - 46



The Push care Neck Brace provides support to the vertebral column with its anatomical shape and the use of semi-rigid foam. Functional support to the neck and head is provided between the jaw and collarbone, using a sufficiently rigid foam that does not restrict mobility. The anatomical fit, the rounded edges and the soft, wick lining ensure that it is comfortable to wear.

Execution: 8 cm and 10 cm height

SIZE	CIRCUMFERENCE
1	27 - 36
2	36 - 46



*comfortable due
to anatomical fit*



The Push med Neck Brace provides support to the vertebral column with its anatomical shape and the use of semi-rigid foam. The neck brace has a detachable element for additional support. The brace can also be worn without the reinforcers if lighter support is needed. For example during the night or during the course of treatment. Fit and wicking materials ensure comfort.

MED

Neck Brace

> indications

- > After-care to whiplash
- > Acute neck injuries
- > Post-operative after cervical vertebrae surgery
- > Cervical hernia Nucleus Pulposus
- > Cervical arthrosis
- > Cervical arthrosis with a pseudo-radicular syndrome

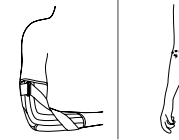


MED

Elbow Brace

> indications

- > Impingement due to overstretching (capsular clamping)
- > Persistent complaints following elbow dislocations and/or fractures
- > Degenerative complaints to the elbow joint



SIZE	CIRCUMFERENCE
1	22 - 24
2	24 - 26
3	26 - 28
4	28 - 32
5	32 - 36



continuously adjustable
extension limiter



The Push med Elbow Brace provides a continuously adjustable extension limiter for the elbow joint to prevent overstretching. The required degree of restriction can be easily adjusted with one hand. The strap system can withstand considerable tractive forces from different angles and is extremely functional. The anatomical fit and silicon application ensure that the brace remains in position when moving.



One size



The Push med Elbow Brace Epi reduces the pain caused by tennis or golfer's elbow. The pressure pad ensures that pressure is focused on the extensors (in the case of tennis elbow) or the flexors (in the case of the golfer's arm) of the wrist. This relieves the tendon insertion of these muscles on the elbow. The pad consists of a skin-compatible and elastic polymer. The plastic reinforcer ensures evenly distributed pressure around the arm preventing blood flow restriction. The brace can easily be fitted around the forearm with one hand.

MED

Elbow Brace Epi

> indications

- > Tennis elbow (epicondylitis lateralis humeri)
- > Golfer's elbow (epicondylitis medialis humeri)



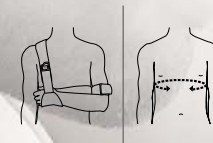
MED

Shoulder Brace Plus

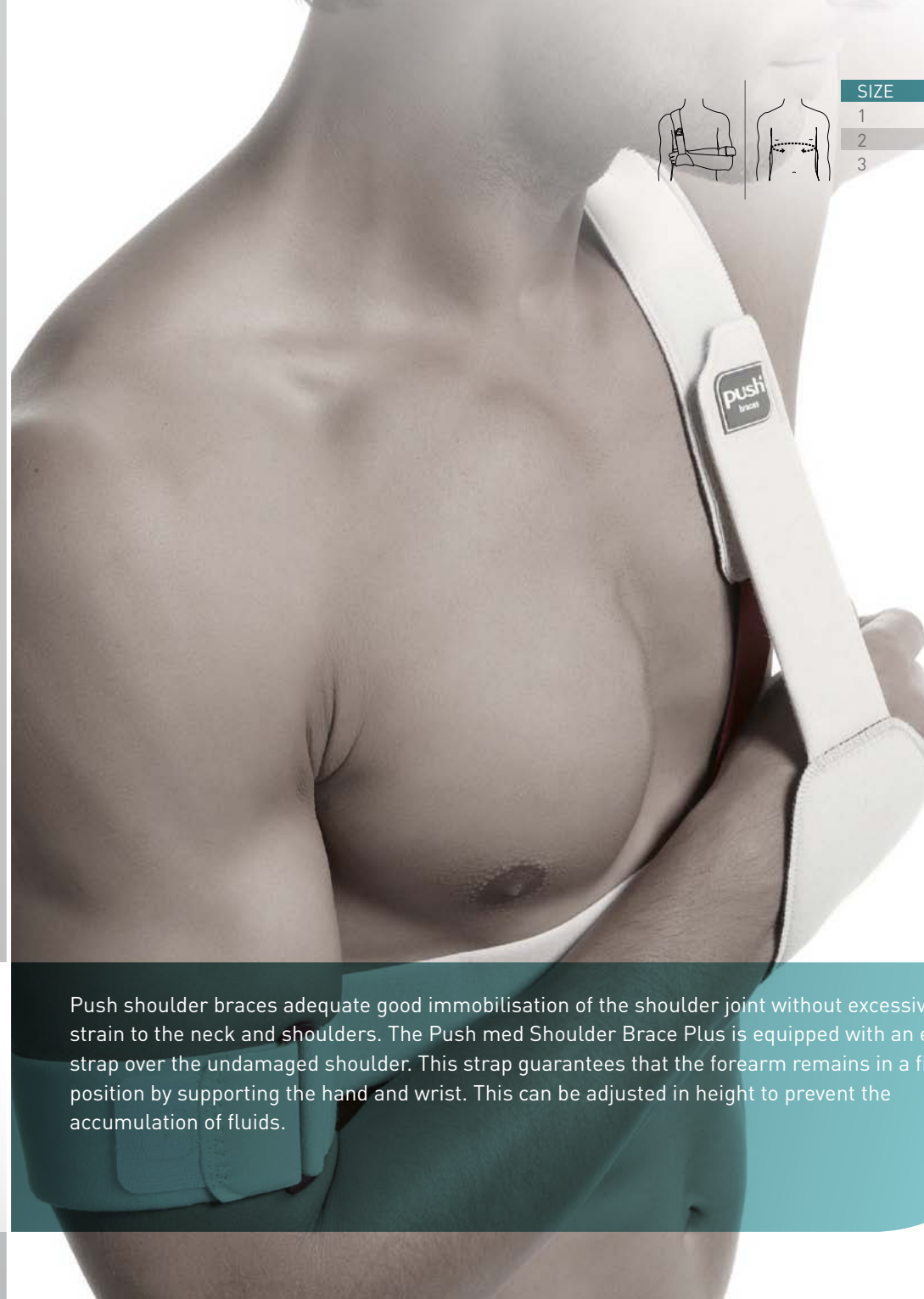
> indications

- > Clavicle fracture
- > Status after (sub)luxation
- > Post-operative shoulder joint status
- > Periarthritis humeroscapularis
- > Subcapital fracture in humerus

Execution: left and right

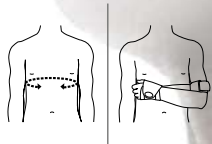


SIZE	CIRCUMFERENCE
1	55 - 75 cm
2	75 - 105 cm
3	105 - 140 cm



Push shoulder braces adequate good immobilisation of the shoulder joint without excessive strain to the neck and shoulders. The Push med Shoulder Brace Plus is equipped with an extra strap over the undamaged shoulder. This strap guarantees that the forearm remains in a fixed position by supporting the hand and wrist. This can be adjusted in height to prevent the accumulation of fluids.

SIZE	CIRCUMFERENCE
1	55 - 75 cm
2	75 - 105 cm
3	105 - 140 cm



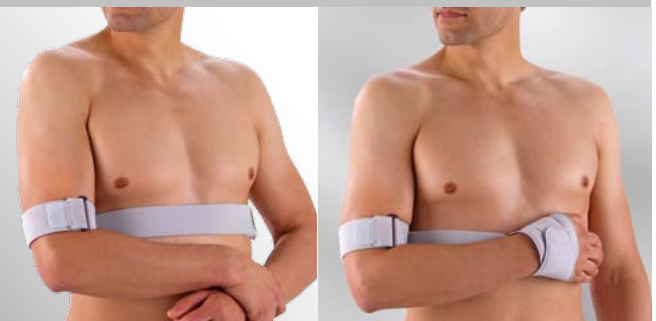
MED

Shoulder Brace

> indications

- > Clavicle fracture
- > Status after (sub)luxation
- > Post-operative shoulder joint status
- > Periarthritis humeroscapularis
- > Subcapital fracture in humerus
- > Immobiliser in the case of hemiparesis, for example at night

The Push med Shoulder Brace provides effective stabilisation of the arm when treating various shoulder injuries. Even the patient can put on the brace easily. Each fastening is individually adjustable. The neck and shoulder are not placed under any strain. The soft, wicking and in particular comfortable Sympress material makes it even more comfortable to wear.



13:45^{hrs}

Getting
back your
active life





> PUSH FOR FREEDOM

More about Push



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